



Frozen Food

AIR FRYER COOKING CHART

A P P E T I Z E R

	TEMP	TIME (MIN.)		TEMP	TIME (MIN.)
Frozen Pizza Rolls380°F 7	Hot Pockets390°F 13
Frozen Taquitos400°F 7	Frozen Egg Rolls350°F 11 then
Frozen Spring Rolls360°F 5 then	400°F 3
400°F 2			

B R E A K F A S T

	TEMP	TIME (MIN.)		TEMP	TIME (MIN.)
Frozen Mini-Quiche350°F 15-20	Hash Browns370°F 15

E N T R E E

	TEMP	TIME (MIN.)		TEMP	TIME (MIN.)
Frozen Corn Dogs390°F 8-10	Frozen Chicken Nuggets390°F 12
Frozen Chicken Fries390°F 8	Frozen Chicken Tenders390°F 12
Frozen Mini Corn Dogs390°F 8	Frozen Chicken Strips390°F 12
Frozen Fajita400°F 7	Frozen Pizza400°F 10-15
Frozen Sausage400°F 5-10	Frozen Shrimp390°F 10
Frozen Bacon Wrapped Turkey Filet370°F 25			
Frozen Chicken Breast (Large)350°F 15 flip 15 more Rest 5 before cutting	Frozen Chicken Breast (Small)350°F 10 flip 10 more rest 5 before cutting

S I D E S

	TEMP	TIME (MIN.)		TEMP	TIME (MIN.)
Frozen Onion Rings400°F 8-10	Frozen Fries: Waffle Fries390°F 16
Frozen Tater Tots400°F 8-10	Frozen Fries: Curly Fries400°F 11
Frozen Fries: French Fries400°F 18-20			

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Timings may vary according to your brand and how crispy you want your food