

Instant Pot Meal Number #1

Chicken Quesadillas

Spanish rice

Classic Garden Salad with Basic Vinaigrette

Meat:

Chicken (4) Boneless, and skinless

Dairy:

Butter

1 ½ cups of cheddar cheese

1 cup of mozzarella cheese

Grocery:

Buffalo wing sauce

Honey

Cider vinegar

Tabasco sauce

Ranch dressing

Tortillas

Tomato paste

2 cups of broth

1-15 ounce can of diced tomatoes

Rice

Salt

Pepper

Red wine vinegar

Olive oil

Dijon mustard

Vegetables:

Onions (1)

Red pepper (1)

Lettuce

Red onion (1)

Cucumber (1)

1 pint of cherry tomatoes